



9 Minute Spiritually Aligned Mastermind Group

Randall Loop, Facilitator

1. Welcoming

- **Agenda**
 - Welcoming
 - Reading of Procedure
 - Guided Meditation
 - Reading of the Request/Question
 - 9 Minute Masterminding
 - Realizations or Insights
 - Closing

2. Our Mastermind Agreement

- We will endeavor to arrive and start on time.
- We will primarily listen but, offer **suggestions** when inspired.
- We won't cross talk, do direct coaching, give put downs or criticism.
- Make sure as many as possible within 9 minutes can contribute.

3. The Facilitator leads a Group Meditation.

4. A request for feedback is given by the Person in the **Seekers-Seat**.

5. The Masterminding Begins.

- Responses are shared from as many in the Group as possible. The Seeker (person making the request) will begin to have insights and realizations.
- The Facilitator may call for periods of silence and quiet reflection to give rest.
- Some group responses might be better expressed as a list or referrals to resources. Keep at it until.
- A review of the Insights may occur with the Person who made the Request as any time but, always at the end.

6. The Facilitator gives the next Masterminding Date and Time.

7. Becoming a Seeker is By Request or By Surprise