

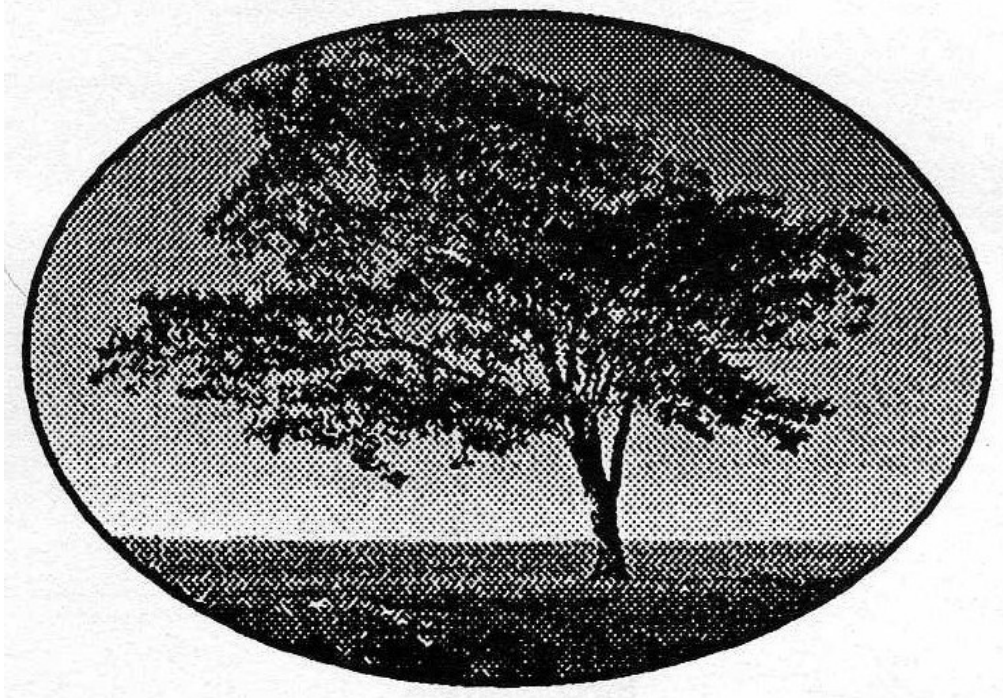
## **Session II**

### **A Personal “Connection” Story©**

Once you have attracted the attention of someone and the opportunity for greater connection. It is vitally important that you are able to be real. Being real creates a feeling of comfort that others will positively respond to. One magnificent way to connect is to share an emotional personal story as it relates to your life, service or business. This will assist others in imagining how direct connection and time with you would be beneficial.

**A**

**Personal “*Connection*” Story©  
Empowerment Workshop Session II**



**Expected Results**

**Formulate how and why your life has purpose and meaning**

**Stop performing for others and actually begin feeling your story**

**Elicit emotional responses resulting in potential connection and opportunity**

Randall Loop, Developer  
1560 S. 4<sup>th</sup>. Street  
Columbus, OH 43207  
www.randalloop.com  
614-496-4595 - [erloop@gmail.com](mailto:erloop@gmail.com)

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# A Personal “Connection” Story©

## Introduction: Time 10 Min.

**Connection** is a point at which two or more things are joined. It is a feeling of understanding and ease of communication between two or more people. Also, it’s an established communications or transportation link. It can also be the act of creating common emotional ground.

**People have long found hope (connection, power to heal or reconnect) within the stories of others. Your personal “connection” story can be deliberately created** so that an ideal friend, associate, client or student can discover a common link (emotion) with you as a person *within about 5 minutes*. It’s meant to describe who you are and how you have come to understand that your life and service with others has purpose and meaning. And, that a connection with you will be most appreciated and beneficial.

*“But in order to make (help) you understand, to give you my life (fruit), I must tell you a story—and there are so many...”* By: Virginia Woolf

## Personal Play: Developing A Personal “Connection” Story Time: 30+ Minutes

**By answering the questions** below you will arrive at a story that creates emotional connection with others. Do this without using names and use **a story that inspires!**

**1.** Tell, an interesting story about yourself, life path/success, of a struggle or spiritual disconnection from your life or that of someone you have assisted in which a way forward was discovered.

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**2.** Give, what you find enjoyable, meaningful, fulfilling, was particularly difficult in your struggle or unpleasant about the spiritual disconnect for you or the other person.

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**3.** Describe, the skills, abilities, talents, etc., that you possess, used to overcome or assisted the other person with and what the result was.

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## Personal Play: Developing A Personal “Connection” Story© continued...

4. Share, what you hope to achieve, how a connection with you or your abilities could benefit this person.

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## Team Play: Practice A Personal “Connection” Story Time: 15+ Minutes

- **Team up** with a friend or partner (1-3 or so) for **15+ Minutes**
- **Ask them to act as a potential friend, associate, client or student** and listen to your story.
- **They may** even ask you one question at a time if you desire.
- **Validate their assistance** with appreciation and **Make it Fun!**

### The questions are:

1. Tell, an interesting story about yourself, life path/business success, of a struggle or spiritual disconnection from your life or that of someone you have assisted in which a way forward was discovered.
  2. Give, what you find enjoyable, meaningful, fulfilling, was particularly difficult in your struggle or unpleasant about the spiritual disconnect for you or the other person.
  3. Describe, the skills, abilities, talents, etc., that you possess, used to overcome or assisted the other person with and what the result was.
  4. Share, what you hope to achieve, how a connection with you or your abilities could benefit this person.
- **Spend 5 minutes and** write your final version of the story.

## Sharing Play: Sharing A Personal “Connection” Story Time: 5+ Minutes

Share with the group (if the course is live) your “Connection” Story or email it to Randall Loop, Developer (if doing home study) when you have completed the session. Email to [erloop@gmail.com](mailto:erloop@gmail.com).

### Blessing:

*I see you standing straight and tall, reaching your truthful branches to the skies of possibility.  
You are ripe with the fruits and flowers of abundance for which we are so grateful. Together we  
breathe the balance of life into each other’s lips*

**> Take a Break and Appreciate Yourself <**