

**You don't need to see
the whole staircase**

**JUST TAKE THE
FIRST STEP**



RESULTS

Yes, I did it!

I WILL DO IT

ENERGY/Willfulness

I CAN DO IT

AWARENESS of a Path Forward

I'LL TRY TO DO IT

MOVEMENT/Idea Occurs

HOW DO I DO IT?

Take on CURIOSITY in your Spirit

I WANT TO DO IT

Answering the Question WHY Not brings Desire

I CAN'T DO IT

DUALING/Opposing Beliefs often exist within Consciousness

I WON'T DO IT

RESISTANCE is Evidence of a Fixed Belief Creating Blind Spots

WHICH STEP HAVE YOU REACHED TODAY?